



# Green Home Rubric

Ramadan 2021/1442

By ISNA Green Initiative Team

Islamic Society of North

## Barakah Rating System as a Quantifiable Achievement of a Green Ramadan

\*Certification: Barakah Rating + A tree planted = Gratitude. \*Due to the coronavirus pandemic our Ramadan this year is at 'home'. This is an excellent opportunity for inward reflection of our hearts, or inner action, and outward practice. Are we balanced? As we remind ourselves. C: ISNAgreenMasjid@gmail.com

SECTION		POINTS	ACTIVITY									
1	<b>WATER</b>	1-10pt	Reduce water use for Ablution	Use dishwasher or don't run water while cleaning dishes	Limit shower time to 5 min	Use low-flow shower head.	Do not dump oil into sink. Use non chemical soaps for cleaning dishes	Use warm/cold water for laundry	Reduce use of lawn irrigation [if applicable].	Limit water use to brush teeth	Collect roof runoff or rainwater in cistern [if back splash type downspout] & use for garden	Use 'Self watering pots'-Indoor Plants & 'aerated fiber containers/smart pots' for outdoor plants
2	<b>ENERGY</b>	1-10pt	Replace light bulbs with LED bulbs.	Install light sensors or dimming feature.	Reduce use of heating and cooling/AC. Open windows for fresh air	If you are an essential service profession, car pool to work or drive hybrid.	Watch less TV & movie. Watch Islamic on-line lectures	Switch off lights in unoccupied spaces or use daylighting	Power off computers. Use Energy Star Rate Criteria-Appliance	Unplug TV, appliances, before bed.	Allow daylight into home, reduce use of electricity.	Reduce microwave use and use more stove for heating and cooking
3	<b>EARTH Garden, Tree planting and Siteworks</b>	1-10pt (2pt ea.)	Plant a tree(s) as part of social good	Build a vegetable Garden: Soil or hydroponics. Three types of soil gardens: Ground, Raised or Container Garden.	Plant a Rain Garden [bioretention area - a practice to hold roof, driveways, patios or lawn runoff] which conserves the natural resource and creates a habitat for birds and butterflies.	Use permaculture techniques for sustainable garden. Use local plants and vegetables that foster local ecosystems	Reduce chemical-based pesticides in garden and lawn care	Use coffee grindings for garden or composted foods	Read herbal qualities of plants and prophetic medicine. i.e. Dandelions - their healing value vs weed			
4	<b>WASTE [Recycle, reuse, reduce, repair]</b>	1-10pt	Use real utensils, cutlery, cups for beverages-Reuse	Home recycle bin at driveway Curb. See City regulation	Reduce foods in plastic containers; recycle	Recycle all plastics, cans, cardboards, batteries, milk jugs, etc	Reduce use of toilet paper	Don't bag veggies at grocery store	For bringing own bags - check state law	No water bottles. No Styrofoam	Reduce use of paper towel use	Use natural cleaning products & biodegradable garbage bags
5	<b>HEALTH Mind, Body, Soul</b>	1-10pt	Get daily daylight vitamin D	Eat healthy as (Sunnah) and little. Consume nutritious Suhur & Iftar foods.	Reduce consumption of greasy fried foods. Eat more fruits and vegetables	Eat less. Drink much water	Buy organic/sustainable or fair-trade products	Eat less meat and more vegetables	No fast food and restaurant ordering	Buy preservative & chemical-free products and foods	Read on prophetic medicine, hadith related to Environmental & herbal remedies.	Cook food at home with family
6	<b>SOCIAL GOOD</b>	1-10pt (2pt ea.)	Take nature walks; breathe in oxygen. Maintain home cleanliness and family.	Play family games quiz on Quranic verses related to the environment & on stewardship, as signs (ayahs). Charitable giving on-line.	Do children activities as, kids Wudu challenge to use less water and Quran/Hadith Board games. Say 'Assalamalaykum' greeting of Peace to parents and other Muslims and someone that may have been inkind to you.	Plant a potted plan, tree or a make garden with kids (patio, or backyard), while reflecting on the Islamic perspective related to the Environment. Discuss the Quranic signs?	Teach kids Islamic values of charity: volunteering with soup kitchens & feeding/helping the homeless, giving to the poor & empathy for sick & traveler. Importance of Friday, Islamic virtues: empathy, charity, morals, manners etc. Charitable giving on-line.	Spring clean up yard/garden as a duty. Remove offensive objects from people's path. Smile especially at difficult moments.				
7	<b>Green Coordinator</b>	1 pt	*Each community selects a green coordinator. OR each household can register & submit their results directly to the ISNA's website portal; or share results with the coordinator to submit participating households' result to ISNA. In each case name your Muslim center with which you associate.									
<b>Total Points: 61pts</b>		<b>Barakah Rating System - a point system indicating greenness of activities [Rooted in Quran &amp; Sunnah] through a Praising of God. Each 1point/1activity is a barakah level (4 levels). Seven Sections = 61 pts</b>					<b>23 points = Tasbih (minimum)</b>			<b>Tasbih - Subhan'Allah</b>		
							<b>24-34 points = Tasbih, Tahmid</b>			<b>Tahmid - Alhumdolillah</b>		
							<b>35-45 points = Tasbih, Tahmid, Tahlil</b>			<b>Tahlil - La ilaha illa Allah</b>		
							<b>46-61 plus = Tasbih, Tahmid, Tahlil, Takbir</b>			<b>Takbir - AllahuAkbar</b>		
<b>COMMENTS</b>		Can you think of other activities? Other activities mark as a point. Some boxes above state two activities = 2 pts. Any questions about an "activity," email: ISNAgreenMasjid@gmail.com										